Sense-Making
Acknowledging where we have come from, where we are, and where we are going

Scripture: Genesis 16: 1-16

Where have you come from?
Where are you going?

Where Have You Come From?

• What’s changed in the last few weeks?

• What losses have you experienced or are you experiencing?

• What doesn’t feel familiar right now?

• What are graces of this time period?

• What are you thankful for?

• What are you proud of?

Where are you right now?

• What are you feeling right now?

• What are you longing for in this moment?
• What are your prayers?

Where do you feel you are going?

• In light of what God revealed to you, where do you feel you are being called?

• What might be your next right steps?

• What is stopping you? What is encouraging you?

Adapted from Plutchik’s Wheel of Emotions