

Sense-Making

Acknowledging where we have come from, where we are, and where we are going

Scripture: Genesis 16: 1-16

Where have you come from?

Where are you going?

Where Have You Come From?

- What's changed in the last few weeks?
- What losses have you experienced or are you experiencing?
- What doesn't feel familiar right now?
- What are graces of this time period?
- What are you thankful for?
- What are you proud of?

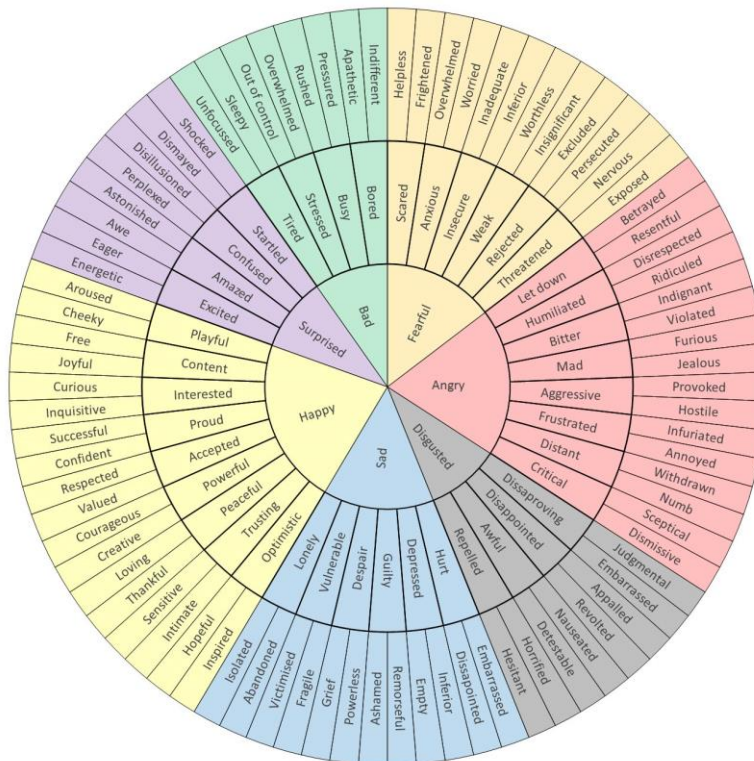
Where are you right now?

- What are you feeling right now?
- What are you longing for in this moment?

- What are your prayers?

Where do you feel you are going?

- In light of what God revealed to you, where do you feel you are being called?
- What might be your next right steps?
- What is stopping you? What is encouraging you?



Adapted from Plutchik's Wheel of Emotions